



GLAD TIDINGS

HOLY FAMILY CATHEDRAL NEWSLETTER

STAFFED BY FRIARS OF THE WESTERN DOMINICAN PROVINCE

DEUS PROVIDEBIT - GOD WILL PROVIDE

The Most Reverend Andrew Bellisario, Archbishop-Elect

Father Steven Maekawa, OP, Pastor

Volume VIII, No. 7

September 2020

INSTALLATION OF ARCHBISHOP ANDREW BELLISARIO

As the First Archbishop of the
Diocese of Anchorage-Juneau
Thursday, September 17, 7 PM
Our Lady of Guadalupe Co-Cathedral
Livestreamed



MASS SCHEDULE

Sundays: 730 AM, 930 AM*, Noon,
2 PM Spanish*,
4 PM Dominican Rite*, 6 PM
Mondays – Fridays: 8 AM, Noon*
Wednesday: 4 PM Dominican Rite*
Saturday: 9 AM*, 530 PM Vigil
*Livestreamed

Confessions: Monday – Friday, 1130 AM –
1215 PM; Saturday, 830 AM – 915 AM.
Ministry Center. **Also**, by appointment. Visit
the website to contact individual friars at
www.holyfamilycathedral.org or call 276-3455.

IN THIS ISSUE

Archbishop Installation; Mass and Confession Schedule	p. 1
Letter from Pastor Steve, Parish Ministries and Groups; Sept. Special Collections	p. 2
Chaplet of Divine Mercy; Pope St. Gregory the Great	p. 3
What Do We Do Now? Become Saints!	p. 4
NAPA Night; CCD and Adult Ed	p. 5
One Bread One Body 2020; K of C Food Drive; Movie Night; Bookkeeper Position; Sacramental Information	p. 6
Welcome Brother Antony	p. 7
September Calendar; COVID Adjustments	p. 8
FY20 Annual Report	Insert

Please watch the Cathedral website at holyfamilycathedral.org and the message board for changes and updates in events and schedules as COVID regulations change!

Holy Family Cathedral
811 West 6th Avenue, Anchorage, AK 99501
907-276-3455
www.holyfamilycathedral.org
frontdesk@holyfamilycathedral.org

Letter from Father Steve

Dear Parishioners,

In the midst of a historic time in world history, the Covid-19 pandemic, the Catholic Church in Alaska is about to begin a new chapter in its history. On September 17 at 7pm at Our Lady of Guadalupe Co-Cathedral, Bishop Bellisario of Juneau will be installed as Archbishop of the new Archdiocese of Anchorage-Juneau. When this happens, the Diocese of Juneau and the Archdiocese of Anchorage will be dissolved.

This may appear to people as only an administrative change. While it brings tremendous administrative changes, the formation of a new archdiocese is first and foremost a manifestation of Papal authority and Apostolic Succession. The church has grown in Alaska and the needs of the faithful here have changed. Pope Francis recognizes this and is creating a new “see” of episcopal authority. The term “see” is derived from the Latin term “sede” which means chair. It is synonymous with the Greek term “kathedra” which also means chair and is where we get the term “cathedral”. The seat or chair represents the office of the local bishop and his authority over the faithful of his diocese or archdiocese. Thus, a new cathedral will be designated for the new Archdiocese as well. This has yet to be announced.

Prior to the foundation of the Diocese of Juneau in 1951, the entire state of Alaska was designated as the Apostolic Vicariate of Alaska. It was under the remote supervision of the Pope and had no local episcopal representation. In 1962, Fairbanks became a diocese. The Archdiocese of Anchorage was formed from the northern territory of the Diocese of Juneau in 1966.

This month, please keep in your prayers Archbishop-elect Bellisario and the faithful of Anchorage and Juneau. Archbishop-elect Bellisario’s authority over the faithful has been handed down to him from Jesus to St. Peter and from St. Peter to his successors including Pope Francis. Pope Francis calls Archbishop-elect Bellisario to be the shepherd of God’s flock here in Alaska. God bless our soon-to-be Archbishop Bellisario!

In Christ,
Fr. Steve Maekawa, OP
Pastor

Parish Ministries and Groups

LITURGICAL MINISTRIES:

Altar Servers English. Deacon Dave, 885-9992
Dominican Rite. Jason Fouch, 903-7965
Spanish. Dulce Martinez, 339-7118
Extraordinary Ministers of Holy Communion / Lectors
English. Marianne Berus, 248-4707
Spanish. Lupe Ortega, 250-2027
Liturgical Art & Environment Florence Ward, 301-4613
Music. Music Coordinator: Letha Flint, 227-3201
730A Choir. hfc730choir.blogspot.com
2P Spanish. Juan Ortega, 250-2027
4P Schola. Mario Bird, 205-9390
6P Choir. Liz Janezich, 947-8335
Sacristans. Wkdys and Sat. Position open
Ushers. English. Deacon Dave, 885-9992
Spanish. Jacobo, Carlos Sanchez

PRAYER:

Adoration. Katie Reed, 348-7300
Centering Prayer. English: Kess Frey, 338-2894
Spanish: Cristina Azpilcueta, 903-6297
El Shaddai. Rowena Carrillo, 250-0823
Llamas del Espiritu. Griselda Martinez, 339-7118
Prayer Line Requests. Use the form found on the website
Legion of Mary, Junior. Therese Syren, 887-1121
Legion of Mary, Senior. Liz Janezich, 947-8335

WORKS OF MERCY:

St. Vincent de Paul (SVPD).
Michael El-Khoury, 330-9637
Homebound Ministry. Paul Lariviere, 276-3074
Pioneer Home. Sheila Barrett, 334-9503
Parish Nurses. Office, 276-3455
Prison Ministry. Deacon Dave, 885-9992

SERVICE AND FELLOWSHIP:

Knights of Columbus. Bill Fasser, 907-903-3145
Women of Holy Family. Florence Ward, 301-4613
Earth Angels. Georgiann Young, 925-768-8083
Coffee & Donuts. Bill Fasser, 907-903-3145
Trail Life. tlusatroop251@gmail.com
Fellowship Dinners. fandjwright@gmail.com
Adoration Guardians. Katie Reed, 348-7300

EVANGELIZATION AND EDUCATION:

Religious Education. Toni Berkenbush, 646-3025
St. Paul’s Corner. 646-3070
Project Rachel Healing after Abortion. 297-7781
Catholic Men for Life. Dennis Deering, 258-0386
Natural Family Planning www.aknfp.com
Website/Parish App. geolochner@gmail.com

ADMINISTRATION:

Finance Council. Joe Babka, 337-2335
Parish Council. Fr. Steven Maekawa, OP

SPECIAL COLLECTIONS – SEPTEMBER

**13TH – Religious Education (includes
Cathedral membership in FORMED)**

Meditating on the Passion of Christ with the Chaplet of Divine Mercy

Theresa Bird



Eleven years ago, my husband was in law school and I was staying home with our first child, babysitting two other children during the week to pay the rent. Since my husband was a fulltime student, I had some free time in the evenings while he was studying. Reading the Dialogues of Saint Catherine of Siena, I recall the recommendation that everyone should meditate daily on the Passion and Death of Our Lord. I was shocked! We already had a regular prayer life and I was busy caring for 3 young children –how could I possibly fit in a daily meditation on Christ’s Passion and Death?!

“This is serious,” I thought. “It must be a recommendation for mystics, like Saint Catherine herself, because I don’t how it would fit into my busy life!” I made no serious effort at it.

Some months later I learned about the Chaplet of Divine Mercy. I began praying it during the 3 o’clock hour. After a few weeks it dawned on me that, in spite of myself, I *had* developed the habit of meditating daily on Our Lord’s Passion and Death *through* the Divine Mercy devotion!

Now, I look forward to the 3 o’clock hour each day. My children and I pause from our various pursuits, gather in the living room, and implore Our Lord to have mercy on ourselves and the whole world. I recommend this practice to you –and can assure you from my own experience that it’s not just for mystics!

THE CHAPLET OF DIVINE MERCY

Recited on ordinary rosary beads

Begin: **Our Father . . Hail Mary . . The Apostle’s Creed.**

Then, on the OUR FATHER BEADS you will say the following words:

Eternal Father, I offer You the Body and Blood, Soul and Divinity, of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.

On the HAIL MARY BEADS you will say the following:
For the sake of His sorrowful Passion, have mercy on us and on the whole world.

In conclusion, THREE TIMES you will recite these words:
Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

To learn more about the Divine Mercy Chaplet and its history, please see TheDivineMercy.org.

POPE ST. GREGORY THE GREAT DOCTOR OF THE CHURCH

Fran Lopinsky

**Feast Day:
September 3**

**Patronage: Musicians,
Singers, Students,
Teachers**

Gregory was born around 540 in Rome into a family of great wealth and influence. When Gregory was two years old, a

plague swept through Europe killing about a third of the population. For the next twenty years the barbarians ravaged Rome. They destroyed the surrounding countryside and burned villages and churches.

Gregory was well educated and excelled in his studies, becoming an expert in the Law. At age thirty-three he became the Prefect of Rome, but, after much prayer, Gregory disposed of his fortune and became a Benedictine monk. Around 578, the Pope ordained Gregory one of the seven deacons of Rome.

Pope Pelagius II reigned from 579 to 590. He chose Gregory to serve as his ambassador to the Imperial Court in Constantinople. When Pelagius died, Gregory was proclaimed Pope by acclamation, against his wishes. Gregory preferred the monastic life, but accepted this burden.

Pope Gregory emphasized missionary work and sent St. Augustine of Canterbury and his monks as missionaries to England. Gregory was a prolific writer. He made many changes to the Mass and is credited with the development of Gregorian Chant. He was the first Pope to use the title, “Servant of the Servants of God,” a title that all Popes use to this day.

When famine struck Rome in the 590s, Gregory directed the clergy to personally go out into the streets, find the poor and take care of them using liquidated Church assets.

Gregory died on March 12, 604, and was declared a saint by popular acclaim. In 1295, Pope Boniface VIII proclaimed him a Doctor of the Church. Gregory is honored as one of the four Great Doctors of the Church. His relics lie in St. Peter’s Basilica to this day.



What Do We Do Now? Become Saints!

A Reflection on the Times by Theresa Bird

Last month Fr. Steve pointed out that *the best first step to action at home and in the world is disposition to the promptings of the Holy Spirit*. How do we dispose ourselves to the promptings of the Holy Spirit? By coming before the Lord in humble prayer and saying, “here I am, Lord, I come to do Your Will,” and then praying earnestly for discernment!

This may seem paradoxical, but I don’t think it really is. Many saints have put themselves at God’s disposal, and then waited patiently for Him to reveal the path He wished them to take. They didn’t sit around twiddling their thumbs, but continued about their daily duties, constantly asking the Lord to show them what to do next.

St. Katharine Drexel is a great example of this. God’s will for her life’s vocation was not immediately apparent to her in her youth, but Katharine set about fulfilling her duties according to her state in life, and cultivated an interior prayer life that kept her disposed to the promptings of the Holy Spirit.

Katharine grew up in a wealthy family in the United States near the end of the 19th century. At a young age she learned to serve the poor alongside her devout step mother. While visiting Rome in her 20’s, Katharine heard God’s call to give entirely of herself. A few years later, touring the Western and Southwestern states inspired her to ask Pope Leo XIII to send priests to the Indian missions. The Holy Father asked her why she herself did not become a missionary? Katharine finally understood what God was asking of her: She founded an order of Sisters, became a missionary, and opened 63 schools in the U.S.

Regarding God’s will, Saint Katharine said, “**Peacefully do at each moment what at that moment ought to be done.**”

We each have a different sphere of influence in which to work. Many times this year, after reading the latest headline, I’ve wanted to run into the streets and shout the truth from the rooftops! But I’ve had to pause and ask myself, “Is this *really* what God wants me to do right now? Do I have time today to write another letter to an elected representative, or am I called, at this moment, to be present to my children instead?”

When I stop to consider the best possible good that I can do for the Church, for my city, state, nation, and world,



more often than not it is offering up the little things within my own home: such as turning my energy toward making dinner for my family or reading *Curious George Goes to the Beach* to my younger children instead of *The Life of Saint Katharine Drexel* to myself.

Offering up our daily duties in a spirit of self-sacrifice and regularly turning to God in prayer are key ingredients to fulfilling our vocations and strengthening our union with God.

Many of us have developed different habits of prayer than we had six months ago. Likely, we have all memorized a beautiful prayer for Spiritual Communion and added new devotions to address the circumstances we find ourselves in. My family has finally established the habit of praying the Chaplet of Divine Mercy each weekday, and during our evening rosary, we pray for peace like never before.

So, today, when circumstances seem overwhelming, insurmountable, discouraging, or just plain difficult, I encourage you to turn, at each moment, to what at that moment ought to be done. Perform your daily duties in a spirit of self-sacrifice and frequently raise your mind and heart to God in prayer. If we tackle these two things, we will definitely grow closer to God and will help to transform the world one day at a time -hopefully becoming saints in the process!

Theresa Bird is a Catholic wife and mother of seven, striving to live out her faith at home, church, and in the community.

CATHEDRAL EDUCATION NEWS



NAPA INSTITUTE™

NAPA NIGHT

Thursdays, September 3 and 10, 7 – 830P
Ministry Center or zoom

Join a small group of parishioners to listen to a lecture by a prominent Catholic thinker on a current topic, and participate in a small group discussion afterwards, live or zoomed. Lecture choices for each week will be published in the previous week's bulletin. All lectures are available to all parishioners in their homes until October 14. Reserve your spot, live or zoomed, by leaving a message at 646-3008. Name, which night, which lecture (if more than one), live or zoomed, phone and/or email.

To access the lectures, go to thenapaconference.org, register as an individual, and enter HOLYFAMILY-VC20 in the coupon field. The Cathedral has a group reservation. You will receive two emails, the second one giving you a password. This may take a few hours.

Some topics you can listen to at home, or that may be part of "NAPA NIGHT," are:
Pope Francis and Vatican II – NAPA Night, Sept. 3
A New Birth for Civil Rights
Our Lady's Role in the New Evangelization
Rioters and Revolutionaries
Crisis, Church Reform and the Lay Vocation
Transforming Suffering through Faith
Social Shutdowns as an Extraordinary Means of Saving Human Life
Can a Catholic Be a Socialist?
Interview with His Eminence George Cardinal Pell
America Should Not be Forever Defined by the Stain of Slavery

Speakers include:

Ross Douthat	Dr. Tim Gray
Robert P. George	Dr. Scott Hahn
Rick Santorum	Curtis Martin
His Eminence Sean Cardinal O'Malley	
His Eminence George Cardinal Pell	
Fr. Robert Spitzer, SJ	George Weigel

CCD REGISTRATION IS OPEN!

Registration through September 9
In person classes begin September 13

Two options: in-person (limit of 14 students per classroom) or on-line.

Open the cathedral's website (holyfamilycathedral.org) and click on the "Education" tab. Hint: don't scroll down to any of the menu items under the "Education" tab, but click on the tab itself.

Then click on "2020-2021 CCD Registration", download and fill out the form. You can then email the completed form to tonib@holyfamilycathedral.org or send it by regular mail to 811 W 6th Ave, Anchorage AK 99501, Attn: DRE, or drop it in the mail slot at the parish office.

Please indicate if registration is for in-person CCD or online option at the top of the form. More information is available on the Cathedral's Facebook.

Baptism certificates must be turned in at time of registration for students preparing for 1st Holy Communion or Confirmation.

Payment forms accepted for in person CCD:

1. Cash.
2. Check made out to Holy Family Cathedral with CCD tuition in memo section.
3. Credit card. On registration form write card number, expiration date, name on card and 3 digit code.

Grades 1-4, \$25/student; grades 5-8, \$35/student; grades 9-10, \$45/student.

ADULT CLASSES

Begin Tuesday, September 8, 7 PM
Ministry Center

- Are you interested in becoming a member of the Church Christ founded?
- Are you a baptized Catholic but have not yet been confirmed?
- Do you want to learn more about your faith and the teachings of the Catholic Church?

ONE BREAD ONE BODY 2020 Archdiocesan Catholic Appeal

CATHEDRAL ASSESSMENT: \$81,314
Week 12 paid and/or pledged: \$ 53,097 ; 65%
Participation: 79 households of 676; 12%
Average gift: \$ 672. Balance: \$ 28,217

This year ALL donations over goal are returned to the Cathedral tax free for Cathedral projects and needs.

Why give?

- Support rural parishes and missions
- Support youth and multicultural programs
- Support diocesan seminarian education

How to give:

- Archdiocesan website
- Check mailed to Holy Family or dropped in office mail slot and designated OBOB.

KNIGHTS OF COLUMBUS Food Drive

The KNIGHTS OF COLUMBUS will conduct a food drive during the month of September to benefit the St. Francis House food pantry. They will donate \$.10 for each pound of food donated. Details are being finalized. Visit the Cathedral website and the outdoor display at church for details.

MOVIE NIGHT

Friday, August 4, 7 PM

Alfred Hitchcock's "**I CONFESS**" with
Montgomery Clift and Anne Baxter

A Catholic priest hears a killer's confession. When circumstantial evidence targets the priest as the prime suspect, he is unable to speak out, even in his own defense. "Technically one of Hitchcock's most brilliant films." Call 646-3008 to reserve your seat. The movie is not rated.

CATHEDRAL JOB OPENING: BOOKKEEPER



10-15 hours a week average (flexible)

Hourly wage dependent on
experience

Must have accounting experience

Contact: Darlene Perkins,
hfbbookkeeper@gci.net or call
907-646-3004

SACRAMENTAL INFORMATION

- Baptism of infants:** Baptism classes and baptisms are scheduled *after* meeting with a priest. Call 276-3455. Parents or guardians and sponsors must attend a baptism class prior to the baptism.
- Marriages:** Weddings are scheduled by meeting with a priest at least 6 months prior to the wedding date.

Contact the Parish office at 276-3455 for:

- Anointing of the sick; communion or pastoral visits to the homebound.**
- Funerals:** immediately after the death.
- Rite of Christian Initiation of Adults (RCIA).**

GLAD TIDINGS

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 Sharon Abrahamson, Proofreader; Isabel Azpilcueta, Translator; George Lochner, IT support
 Advisory Board: Theresa Bird, Fran Lopinsky, Deacon Dave VanTuyl



The DOMINICAN Page

Welcome, Brother Antony Augustine Cherian

Hi! My name is Br. Antony Augustine Cherian. I spent the summer of 2016 in Fairbanks, and immediately was taken by the beauty and depth of both the land and the people I met in Alaska. Since then, I've wanted to return, and was extremely excited to hear that I will be assigned to Anchorage for my residency year.

I was born in India, and baptized in the Syro-Malabar rite of the Catholic Church. My family has been Catholic for many generations, and our Christian community traces its roots all the way back to St. Thomas the Apostle. The Catholic faith has been important to my family, and has been a major factor in my life and upbringing. We moved to the United States when I was two years old, and my parents continued to emphasize studying both formally and informally what we believe and why we believe it, as well as practicing that faith by daily Mass, daily family Rosaries, weekly Eucharistic adoration, and other devotional and ministerial practices.

From as far back as I can remember, I have been interested in a vocation to the priesthood, and wanted to discern the idea further in college, so I joined the Priestly Discernment Program at Franciscan University of Steubenville. This meant that, while attaining a double major in philosophy and computer science, I lived with a community of like-minded men who pursued holiness by attending



daily Mass together, praying the Divine Office together, making daily Holy Hours, serving both at Mass and in the local community, and many other things that helped both to form me as a Christian, and to inform my discernment. During and immediately after my time in college, I was able to visit various religious communities, but felt that the Dominican charism of preaching most matched the calling that I had felt from an early age.

I look forward to being a part of the community in Anchorage. I want to get to know all of you, and to see how God continues to work in your lives. I hope to do my part to spread the message of His love, and to learn and grow in holiness while I do so. Thank you all for this wonderful opportunity to be a part of your lives, and please pray for me that I may do God's will in this coming year!

Holy Family Cathedral
811 West 6th Avenue
Anchorage, Alaska
99501

**INSIDE: ARCHBISHOP
INSTALLATION; WELCOME
BR. ANTONY; CCD AND
ADULT CLASSES; ANNUAL
REPORT (INSERT)**

NONPROFIT ORG.
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ON LINE RESOURCES

For Prayer, Worship,
Adoration, Spiritual
Communion, Faith
Development, Catholic
Entertainment

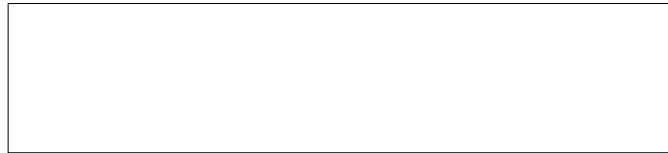
www.opwest.org/coronavirus

www.formed.org

www.ewtn.com

thenapaconference.org

Weekly parish bulletins
at the Cathedral website.



SEPTEMBER PARISH CALENDAR (expect changes!)

MASS SCHEDULE (* – livestreamed):

Sundays: 730 AM, 930 AM*, Noon, 2 PM Spanish*,
4 PM Dominican Rite*, 6 PM
Mondays – Fridays: 8 AM, Noon*
Wednesday: 4 PM Dominican Rite*
Saturday: 9 AM (LS), 530 PM Vigil

Confessions: Monday – Friday, 1130 AM – 1215 PM; Saturday, 830 AM – 915 AM. Ministry Center. **Also**, by appointment. Visit the website to contact individual friars www.holyfamilycathedral.org or call 276-3455.

Adoration: Wednesdays and Fridays, 7 – 8 PM, in the Cathedral*.

OTHER CATHEDRAL EVENTS:

Thursdays, 3 and 10 NAPA NIGHT. In person or zoomed. 7 PM. See p. 5.
Friday, 4 Movie night. “I Confess.” 7 PM. Ministry Center.
Tuesdays, 8, 15, 22, 29 Adult classes. 7 PM. Ministry Center.
Sundays, 13, 20, 27 In person CCD classes
Thursday, 17 Installation of Archbishop Andrew Bellisario.
Thursday, 24 Fr. James Moore, OP. TBA.
ALL MONTH Knights of Columbus Food Drive.

COVID ADJUSTMENTS

The Cry Room can be reserved at all Masses for especially vulnerable parishioners – family groups or individuals. Call Deacon Dave at 646-3007 at least 48 hours in advance.

Votive Candles will be lit for your private intentions and your intention prayed for. Suggested donation: \$1 each. Email your intention(s) and name to andy.opsahl@holyfamilycathedral.org. Give your donation, designated as “votive candles,” to a priest, mail to the Cathedral, or place in mail slot on 6th Avenue.